# CHAMPIONNATS de Belgique - BELGISCH KAMPIOENSCHAP
## POWERLIFTING CLASSIC OPEN
## LASNE
## 22 + 23 OCTOBRE 2022

| DAMES | SENIOR | | | PC | SQ | BP | DL | TOTAL | PTS |
|---|---|---|---|---|---|---|---|---|---|
| **-52** | VERHULST STEFANIE | | POWERMOVE | 51,92 | 122,5 | 67,5 | 142,5 | 332,5 | 84,070 |
| | MUSCOLINO JULIE | | N S A R | 51,98 | 107,5 | 50 | 140 | 297,5 | 75,146 |
| | | | | | | | | | |
| **-57** | HAEMERS DASHA | | UPL & HYPE | 54,88 | 142,5 | 75 | 157,5 | 375 | 90,571 |
| | RUMMENS ELISE | M 40 | PRIMER ACAD | 55,24 | 125 | 72,5 | 170 | 367,5 | 88,303 |
| | SARITKRIANG NOE KESINIRAT | | UPL & HYPE | 55,76 | 130 | 75 | 150 | 355 | 84,679 |
| | COINNE ZOE | | N S A R | 55,84 | 130 | 77,5 | 142,5 | 350 | 83,393 |
| | GENNAR HANNELORE | | CR F SUPER 7 | 56,08 | 110 | 60 | 130 | 300 | 71,244 |
| | | | | | | | | | |
| **-63** | MAAS MICHELLE | | UPL & HYPE | 62,78 | 122,5 | 65 | 175 | 362,5 | 79,488 |
| | THIBAUT CHANEL | | UPL & HYPE | 61,86 | 115 | 67,5 | 145 | 327,5 | 72,511 |
| | LALIME SAHYURI **(USA)** | OPEN | KALE BARBELL | 62,70 | 167,5 | 87,5 | 192,5 | 447,5 | 98,208 |
| | KAMAL DIANA **(FRA)** | OPEN | LA LOUVIERE | 62,46 | 120 | 67,5 | 155 | 342,5 | 75,352 |
| | | | | | | | | | |
| **-69** | CALLENS CHIARA | | WAREGEM | 67,44 | 127,5 | 85 | 165 | 377,5 | 79,228 |
| | HALLOU NAIS | | ALPHA ACAD | 67,38 | 146 | 80 | 150 | 376 | 78,954 |
| | ROELANDT LIZZY | | LA LOUVIERE | 68,20 | 125 | 70 | 157,5 | 352,5 | 73,509 |
| | DE MONIE SAYA | | ZACHT BETON | 66,80 | 122,5 | 67,5 | 150 | 340 | 71,755 |
| | DEFRAEY CATHERINE | | FLORENNES | 66,42 | 120 | 67,5 | 130 | 317,5 | 67,232 |
| | VANDIJCK ASTRID | | POWERMOVE | 68,64 | 117,5 | 62,5 | 132,5 | 312,5 | 64,931 |
| | SCHOONES MYRIE **(NED)** | OPEN | UPL & HYPE | 67,82 | 125 | 72,5 | 155 | 352,5 | 73,743 |
| | STAATS MARION **(NED)** | OPEN | KALE BARBELL | 68,06 | 115 | 67,5 | 150 | 332,5 | 69,419 |
| | | | | | | | | | |
| **-76** | BUTERA DEBORAH | | PRIMER ACAD | 73,64 | 120 | 75 | 165 | 360 | 72,069 |
| | BRILLEMAN ELINE | | S S C I | 74,48 | 120 | 80 | 155 | 355 | 70,672 |
| | ADRIAENSENS KATRIEN | M 40 | S M T KEMPEN | 74,36 | 120 | 62,5 | 155 | 337,5 | 67,241 |
| | TERRYN KATRIEN | | LYFT & RISE | 75,22 | */ | 60 | 160 | D S Q | |
| | MULLER GABY **(LUX)** | OPEN | PRIMER ACAD | 72,72 | 157,5 | 107,5 | 170 | 435 | 87,636 |
| | | | | | | | | | |
| **-84** | VAN BUGGENHOUT LIEN | | MERCHTEM | 80,06 | 135 | 82,5 | 142,5 | 360 | 69,336 |
| | | | | | | | | | |
| **84 +** | ROOS EVELYNE | M 40 | CR FIT SUPER 7 | 87,72 | 137,5 | */ | 160 | D S Q | |

| HOMMES | SENIOR | | | PC | SQ | BP | DL | TOTAL | PTS |
|---|---|---|---|---|---|---|---|---|---|
| **-66** | DECLERCK THOMAS | JUNIOR | UPL & HYPE | 65,94 | 185 | 140 | 175 | 500 | 77,979 |
| | VANCOMPENOLLE DAVIGNO | | UPL & HYPE | 65,38 | 180 | 92,5 | 200 | 472,5 | 74,024 |
| | | | | | | | | | |
| **-74** | LUCA WOUTER | | UPL & HYPE | 73,48 | 207,5 | 137,5 | 245 | 590 | 86,935 |
| | BELLE SAMUEL | | SERAING | 73,80 | 192,5 | 115 | 250 | 557,5 | 81,961 |
| | VANHESTE STIJN | | UPL & HYPE | 73,94 | 190 | 120 | 227,5 | 537,5 | 78,944 |
| | DOUMONT DYLAN | | KALE & BARBELL | 72,14 | 172,5 | 122,5 | 212,5 | 507,5 | 75,499 |
| | DEUNINCK JONATHAN | | UPL & HYPE | 71,30 | 182,5 | 115 | 205 | 502,5 | 75,214 |
| | DE RIDDER DIMAS | | PRIMER ACAD | 73,18 | 177,5 | 102,5 | 200 | 480 | 70,878 |
| | YILDIZ UGUR **(TUR)** | OPEN | PRIMER ACAD | 73,10 | 182,5 | 125 | 225 | 532,5 | 78,675 |
| | | | | | | | | | |
| **-83** | DE BUCK ELIAS | | UPL & HYPE | 81,74 | 236 | 175 | 275 | 686 | 95,698 |
| | DELFOSSE GREGOIRE | | N S A R POWER | 81,38 | 230 | 145 | 290 | 665 | 92,977 |
| | DI LIBERTO VINCENT | | H S P C | 82,38 | 225 | 137,5 | 270 | 632,5 | 87,887 |
| | MOLKENS TIM | | UPL & HYPE | 80,94 | 210 | 160 | 250 | 620 | 86,925 |
| | BOONEN GERT JAN | | PRIMER ACAD | 82,94 | 215 | 132,5 | 265 | 612,5 | 84,817 |
| | DE PEUTER GILLES | | UPL & HYPE | 77,70 | 225 | 95 | 275 | 595 | 85,179 |
| | IMPENS GAETAN | | GENT | 82,54 | 220 | 135 | 235 | 590 | 81,901 |
| | MESSIANT AARON | | S S C I | 81,98 | 200 | 127,5 | 260 | 587,5 | 81,836 |
| | D HAENE CHARLES | | UPL & HYPE | 81,64 | 210 | 130 | 240 | 580 | 80,962 |
| | COPPENS ALEX | | UPL & HYPE | 82,70 | 217,5 | 135 | 222,5 | 575 | 79,741 |
| | HUBLOU NOA | JUNIOR | MERCHTEM | 79,66 | 200 | 135 | 222,5 | 557,5 | 78,799 |
| | VAN DELM TOM | | UPL & HYPE | 82,82 | 207,5 | 117,5 | 232,5 | 557,5 | 77,258 |

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | BRACKE ARNO | | UPL & HYPE | 81,24 | 192,5 | 112,5 | 240 | 545 | 76,266 |
| | NOIRHOMME TOM | JUNIOR | SERAING | 82,26 | 195 | 125 | 225 | 545 | 75,785 |
| | ROBEYNS AURELIEN | | LA MEUTE | 82,18 | 197,5 | 130 | 205 | 532,5 | 74,083 |
| | FERNANDEZ VERA RAFAEL | JUNIOR | ZENITH | 81,30 | 192,5 | 125 | 210 | 527,5 | 73,789 |
| | DE MUYNCK EWOUD | | ATLAS GYM | 81,88 | 185 | 125 | 212,5 | 522,5 | 72,827 |
| | CLEMENS SAM | | GARAGE GYM 16 | 80,66 | 195 | 115 | 210 | 520 | 73,033 |
| | ROEFS MANU | | UPL & HYPE | 82,90 | 170 | 125 | 220 | 515 | 71,333 |
| | DE GRAUWE RIK | JUNIOR | MERCHTEM | 82,86 | */ | 157,5 | */ | D S Q | |
| | DOSTERT TOM (**LUX**) | OPEN | PRIMER ACAD | 82,48 | 220 | 140 | 290 | 650 | 90,264 |
| | | | | | | | | | |
| **-93** | ESSELENS ROB | | MERCHTEM | 92,54 | 288 | 187,5 | 290 | 765,5 | 100,386 |
| | RUBINSTEIN ANDREW | | POWERMOVE | 89,82 | 250 | 180 | 300 | 730 | 97,144 |
| | FAUVARQUE LOUIS | | POWERMOVE | 92,32 | 230 | 172,5 | 290 | 692,5 | 90,919 |
| | HEUKEMES NOAH | | F B S C | 91,68 | 252,5 | 142,5 | 280 | 675 | 88,924 |
| | VAN DER BRACHT KENNETH | | POWERMOVE | 90,30 | 242,5 | 135 | 280 | 657,5 | 87,266 |
| | NEDEV STAMO | | ATLAS GYM | 91,90 | 227,5 | 137,5 | 275 | 640 | 84,214 |
| | BRENNET THOMAS | | LA LOUVIERE | 89,78 | 215 | 157,5 | 260 | 632,5 | 84,188 |
| | HAID JEAN PHILIPPE | JUNIOR | SERAING | 89,22 | 230 | 140 | 240 | 610 | 81,444 |
| | MAES KENNETH | | CR F LOKEREN | 91,70 | 190 | 145 | 270 | 605 | 79,694 |
| | COLLIN ANDY | | LA MEUTE | 93,00 | 207,5 | 145 | 245 | 597,5 | 78,166 |
| | VERTESSEN WOUTER | | PRIMER ACAD | 92,18 | 210 | 125 | 255 | 590 | 77,519 |
| | MONFORT MAXIME | | H S P C | 91,08 | 195 | 130 | 260 | 585 | 77,316 |
| | COLLIGNON MAXIME | | POWERMOVE | 90,90 | 202,5 | 142,5 | 230 | 575 | 76,068 |
| | MARECHAL GUILLAUME | JUNIOR | SERAING | 92,34 | 190 | 142,5 | 240 | 572,5 | 75,156 |
| | PLENNEVAUX SIMON | JUNIOR | ZENITH | 92,28 | 222,5 | 127,5 | 220 | 570 | 74,852 |
| | VANDAELE MATTHIAS | | S S C I | 91,04 | 205 | 130 | 232,5 | 567,5 | 75,019 |
| | BRENNET ANTOINE | | LA LOUVIERE | 92,90 | 195 | 135 | 230 | 560 | 73,298 |
| | SAINTHUILE LUCAS | JUNIOR | O P L | 92,22 | 177,5 | 130 | 235 | 542,5 | 71,263 |
| | CUPPENS BRAM | | PRIMER ACAD | 87,08 | 180 | 127,5 | 227,5 | 535 | 72,297 |
| | HEYBATOV NADJAF (**AZER**) | OPEN | LA LOUVIERE | 91,62 | 230 | 160 | 260 | 650 | 85,658 |
| | NGUEPKA IVO JONES (**CAM**) | OPEN | ATLAS GYM | 92,64 | 232,5 | 155 | 242,5 | 630 | 82,573 |
| | | | | | | | | | |
| **-105** | VAN HEESVELDE JEROEN | | H N S | 104,72 | 287,5 | 205 | 307,5 | 800 | 98,894 |
| | HENNO YANNICK | | POWERMOVE | 104,28 | 260 | 180 | 282,5 | 722,5 | 89,490 |
| | VANDEWIELE MARC | M 40 | KRACHT KLINIEK | 103,98 | 260 | 150 | 310 | 720 | 89,300 |
| | GILLISSEN FLORIAN | | SERAING | 102,88 | 260 | 152,5 | 300 | 712,5 | 88,811 |
| | VERSCHUERE JEROEN | | POWERMOVE | 98,12 | 245 | 157,5 | 280 | 682,5 | 87,003 |
| | VIATCHESLAV KODA | | PRIMER ACAD | 103,18 | 195 | 175 | 245 | 615 | 76,553 |
| | AGTEN STANLEY | | POWERMOVE | 103,20 | 215 | 130 | 270 | 615 | 76,546 |
| | BOERMANS NIELS | | POWERMOVE | 97,60 | 205 | 170 | 227,5 | 602,5 | 77,001 |
| | ACHEACHE RACHID | M 40 | UPL & HYPE | 104,28 | 225 | 130 | 242,5 | 597,5 | 74,007 |
| | GIJSEN MARIJN | | UPL & HYPE | 104,58 | 240 | */ | */ | D S Q | |
| | STRUBBE JOCHEN | | POWERMOVE | 104,20 | */ | 175 | 322,5 | D S Q | |
| | KOLLAU ROWAN (**NED**) JUN | OPEN | POWERMOVE | 102,44 | 240 | 140 | 295 | 675 | 84,306 |
| | MILTGEN YVES (**LUX**) | OPEN | PRIMER ACAD | 103,88 | 250 | 132,5 | 265 | 647,5 | 80,344 |
| | | | | | | | | | |
| **-120** | VERVALLE OLIVIER | | UPL & HYPE | 119,92 | 310 | 210 | 330 | 850 | 98,838 |
| | VAN DUN JEROEN | | UPL & HYPE | 115,54 | 235 | 160 | 315 | 710 | 83,923 |
| | CAPRASSE LEOPOLD | | ZENITH | 118,66 | 245 | 170 | 285 | 700 | 81,773 |
| | | | | | | | | | |
| **120 +** | RINGOOT STEVE | | MERCHTEM | 147,12 | 340 | 230 | 330 | 900 | 96,228 |
| | ARYEE EVANS | | HELIX GENT | 139,52 | 317,5 | 200 | 340 | 857,5 | 93,603 |
| | TERRYN MAARTEN | M 40 | S S C I | 135,38 | 225 | 175 | 225 | 625 | 69,054 |

**ARBITRES**

FINEL MICHELLE -- LEROT VIVIANE -- COLLART VIRGINIE -- VERHULST STEFANIE
COMPAGNIE KATHLEEN -- STRADIOT MEHDI -- COLLART JEAN LUC
VANHEE EMMERIK -- VAN HEESVELDE JEROEN -- WARNIER JEAN CLAUDE

## RECORDS DE Belgique POWERLIFTING CLASSIC

| | | CAT | SQ | BP | DL | TOTAL |
|---|---|---|---|---|---|---|
| CALLENS CHIARA | DA SENIOR | -69 | | 85 | | |
| HALLOU NAIS | DA SENIOR | -69 | 146 | | | |
| ADRIAENSENS KATRIEN | DA MA 40 | -76 | | | | 337,5 |
| RUMMENS ELISE | DA MA 40 | -57 | | | | 367,5 |
| HAEMERS DASHA | DA SENIOR | -57 | 142,5 | | | 375 |
| DE BUCK ELIAS | SENIOR | -83 | 236 | | | |
| DELFOSSE GREGOIRE | SENIOR | -83 | | | 290 | |
| VANDEWIELE MARC | MASTER 40 | -105 | | | 310 | 720 |
| VAN HEESVELDE JEROEN | SENIOR | -105 | | | | 800 |
| EVANS ARYEE | SENIOR | 120 + | | | 340 | |
| ESSELENS ROB | SENIOR | -93 | 288 | | | 765,5 |

## RECORDS L F P H POWERLIFTING CLASSIC

| | | CAT | SQ | BP | DL | TOTAL |
|---|---|---|---|---|---|---|
| HALLOU NAIS | DA SENIOR | -69 | 146 | 80 | | 376 |
| MUSCOLINO JULIE | DA SENIOR | -52 | 107,5 | | 140 | 297,5 |
| COINNE ZOE | DA SENIOR | -57 | 130 | | | 350 |
| KAMAL DIANA (FRA) | DA SENIOR | -63 | | | 155 | |
| ROELANDT LIZZY | DA SENIOR | -69 | | | 157,5 | |
| DELFOSSE GREGOIRE | SENIOR | -83 | | | 290 | 665 |
| GILLISSEN FLORIAN | SENIOR | -105 | 260 | | 300 | 712,5 |

## RECORDS V G P F POWERLIFTING CLASSIC

| | | CAT | SQ | BP | DL | TOTAL |
|---|---|---|---|---|---|---|
| SARITKRIANG NOE KESINIRAT | DA SENIOR | -57 | | 75 | | |
| CALLENS CHIARA | DA SENIOR | -69 | | 85 | | |
| ADRIAENSENS KATRIEN | DA MA 40 | -76 | | | | 337,5 |
| DE BUCK ELIAS | SENIOR | -83 | 236 | | | |
| RUMMENS ELISE | DA MA 40 | -57 | | | | 367,5 |
| HAEMERS DASHA | DA SENIOR | -57 | 142,5 | | | 375 |
| ESSELENS ROB | SENIOR | -93 | 288 | | | 765,5 |
| EVANS ARYEE | SENIOR | 120 + | | | 340 | |
| VANDEWIELE MARC | MASTER 40 | -105 | | | 310 | 720 |
| VAN HEESVELDE JEROEN | SENIOR | -105 | | | | 800 |

## RECORDS DE Belgique BENCH PRESS SINGLE CLASSIC

| | | CAT | BP |
|---|---|---|---|

## RECORDS L F P H BENCH PRESS SINGLE CLASSIC

| | | CAT | BP |
|---|---|---|---|
| HALLOU NAIS | DA SENIOR | -69 | 80 |

## RECORDS V G P F BENCH PRESS SINGLE CLASSIC

| | | CAT | BP |
|---|---|---|---|
| SARITKRIANG NOE KESINIRAT | DA SENIOR | -57 | 75 |

## CLASSEMENT A L INDICE IPF

| MEILLEURE DAME | | PTS |
|---|---|---|
| LALIME SAHYURI (USA) | MERCHTEM | 98,208 |
| HAEMERS DASHA | UPL & HYPE | 90,571 |
| RUMMENS ELISE | PRIMER ACA | 88,303 |

| MEILLEUR HOMME | | PTS |
|---|---|---|
| ESSELENS ROB | MERCHTEM | 100,386 |
| VAN HEESVELDE JEROEN | H N S | 98,894 |
| VERVALLE OLIVIER | UPL & HYPE | 98,838 |